

# My Goals Worksheet

“Goals not written down are just wishes“ (Fitzhugh Dodson) If you really want to succeed in building a successful Unicity Business, you must take the time to clearly identify your goals and establish deadlines for their accomplishment.

This worksheet is a starting point to help you determine your goals and identify what is important to you. When you have completed this worksheet, fax, mail, scan or hand deliver a copy to your sponsor/upline. The better they understand your goals, the more successful they will be in helping you achieve them.

## Big Picture:

What are my top 3 reasons for building Unicity business?

1.	
2.	
3.	

## Health Goals:

What are my top 3 health goals and when will I achieve them?

1.		When?	
2.		When?	
3.		When?	

What will I start doing immediately to achieve my health goals?


## Income Goals:

How much money will I earn in each of my first three months?

Month 1: \$	
Month 2: \$	
Month 3: \$	

