

UNICITY COMPLETE

Your essential nutrients for wellness.

Unicity Complete is a delicious protein meal replacement shake that helps you start your day in a new and powerful way.

More than just a meal replacement, Unicity Complete jumpstarts your metabolism and helps you get on the path to building lean muscle and staying fit.

Transitioning from a typical high-sugar, high-carbohydrate diet to a healthy, high-protein, low-glycemic diet can be challenging on your own. Unicity Complete is designed to help you break free from your dependency on sugar and other high-calorie, unhealthy habits that sabotage your metabolism and prevent you from losing weight.

With an optimal blend of vitamins and minerals and a scientifically researched combination of proteins, Unicity Complete provides high quality protein, natural fibers, vitamins, and minerals to ensure a well-nourished, energized body.

The benefits of Unicity Complete don't end at breakfast, however. Drinking Complete in the morning provides your body with lasting a lasting energy supply, reduces insulin spikes, fights off sugar cravings during the day, and provides satiety to curb the temptation to overeat at lunch and evening meals.

Ensure you're getting the essential nutrients you need as you strive to become a healthier you with Unicity Complete.



HIGH PROTEIN DRINK SUPPLEMENT

Nutrition Facts

Amount per serving	%Daily Value	Per 37 g serving (1 scoop)	%Daily Value	Per 37 g serving (1 scoop) made with 250 mL of skim milk	Typical Amino Acids Per 100 Grams of Protein
Calories	140 (590 kJ)	240 (1000 kJ)			
Fat	3 g 5%	4.5 g 7%			Alanine 5.2 g
Saturated	1.5 g 8%	1.5 g 8%			Arginine** 2.3 g
+ Trans	0 g	0 g			Aspartic Acid 10.8 g
Cholesterol	30 mg 10%	35 mg 12%			Cystine 3.3 g
Sodium	230 mg 10%	340 mg 14%			Glutamic Acid 11.0 g
Potassium	320 mg 9%	730 mg 21%			Glutamine 6.0 g
Carbohydrates	13 g 4%	26 g 9%			Glycine 2.0 g
Fibre	4 g 16%	4 g 16%			Histidine** 1.8 g
Sugars	4 g	16 g			Isoleucine** 6.0 g
Protein	9 g	28 g			Leucine** 10.5 g
Vitamin A	60%	70%			Lysine** 8.7 g
Vitamin C	50%	50%			Methionine 2.4 g
Calcium	25%	50%			Phenylalanine** 3.7 g
Iron	30%	30%			Proline 5.9 g
Vitamin D	0%	45%			Serine 4.9 g
Thiamine (B1)	50%	60%			Threonine 6.2 g
Riboflavin (B2)	15%	35%			Tryptophan 1.5 g
Niacinamide	50%	70%			Tyrosine 2.9 g
Vitamin B6	0%	5%			Valine** 4.9 g
Folate	10%	15%			
Vitamin B12	90%	120%			
Pantothenate	15%	25%			
Phosphorus	20%	45%			
Magnesium	5%	10%			
Zinc	5%	10%			

INGREDIENTS: Whey protein isolates & concentrates, milk protein concentrate, inulin, organic cane juice solids, natural flavours (includes stevia), natural citrus flavour extract, modified corn starch, xanthan gum, vitamins and minerals (ascorbic acid, ferrous fumarate, niacinamide, thiamine hydrochloride, vitamin A palmitate), milk cream solids (milk powder, soy lecithin, BHA), vanillin, beta carotene (colour), potassium citrate, dipotassium phosphate, aminogen (protease enzymes from aspergillus niger and aspergillus oryzae), sodium chloride, tricalcium phosphate, and powdered aloe vera extract.

ALLERGY NOTE: This product contains ingredients from milk, corn and soy. Made on machinery that also handles ingredients from egg, peanuts, wheat, nuts and seeds.

