

SUCRALOSE STATEMENT FROM UNICITY'S CHIEF SCIENCE OFFICER

Sucralose is used as a sweetener in several of Unicity International's products. Contrary to the unvalidated reports of blogs, magazines, and non peer-reviewed journal articles, over one hundred peer-reviewed clinical studies have been performed showing that Sucralose is an effective sweetener, displays no toxicity (either long or short term) in the amounts used in Unicity's products, doesn't decompose upon heating, and doesn't leach out chlorine into the body. Sucralose is over six hundred times sweeter than sugar—meaning that only an extremely small amount of Sucralose is required to get the desired taste. Sucralose has the added benefits of not being metabolized in the body (calorie free) and doesn't accelerate tooth decay like cane sugar (sucrose) or fruit sugar (fructose). Many of the clinical studies mentioned above have verified that Sucralose is safe for all segments of the population—including those with diabetes. Sucralose is approved by the FDA as safe for all segments of the population and is a sweetener Unicity employs to make sure our products are palatable given the large amounts of bioactive ingredients and encourage daily use.

The Sucralose debate might be an interesting one from a *perception* issue but is not interesting from a *science* issue — as this isn't an issue at all. The complete body of scientific studies makes it absolutely clear that Sucralose is perfectly safe for consumption at the levels found in Unicity's products. Recent articles like this one (<http://www.tandfonline.com/doi/abs/10.1080/10773525.2015.1106075?journalCode=yjoh20>) show that the researchers started to see some deleterious effects in mice at a Sucralose concentration of 16,000 PPM—which is over **170 times** the amount of Sucralose in Unicity Complete Vanilla. In following the logic of the linked study, you would have to take 170 serving of Complete Vanilla every day from 12 days after you were born for your entire lifespan in order to have a 50% chance of seeing a detrimental effect. This same logic would hold true for pretty much any other food ingredient. Water, the universal solvent necessary for life, would be fatal if consumed in 170-fold excess of the recommended amount—try drinking 1,360 eight ounce cups of water per day! You cannot talk about toxicity without mentioning concentration—any substance is toxic to the human body at excessive amounts. This is a point the general public doesn't understand and is something Unicity tirelessly educates its distributors on in trainings conducted around the globe.

Unicity is a science-based company, keep very close tabs on the scientific literature, and stands behind the current body of science regarding the safety of Sucralose. As science is a living and dynamic discipline, Unicity Science would instantly make corrective actions should bonafide evidence emerge that Sucralose poses even a hint of a health issue. For those still burdened by the perception of Sucralose, Unicity Science has developed stevia-sweetened versions of our core products (i.e. Balance Glucose, Matcha Focus, and Chocolate Complete) to cater to those preferences.

Many thanks for your shared passion and concerted efforts in joining with us to Make Life Better!

Kindest regards,

Dr. Dan Gubler, Ph.D.

Chief Science Officer

Unicity International