

UNICITY BALANCE



Everyone knows the virtues of having a balanced life, but actually living one can be difficult. Juggling demands from family, friends, work, play, and all the many surprises life holds can make it difficult to find any kind of equilibrium. Fortunately, when it comes to balancing your body, Balance can help.

hunger so that you don't need to go from feeling famished to accidentally overeating. It can also help your body regulate the food you're consuming; no more spikes of glucose and insulin! With Balance you'll be on track to burn fat and feel better.

Many of us struggle with feeling off-kilter when it comes to eating. With Balance, you can avoid extremes. Balance can curb your

BENEFITS

Slows digestion to reduce hunger and prevent spiking blood sugar levels*

Supports healthy cholesterol levels with dietary fiber*

Helps the body turn more glucose into energy instead of fat*

SUGGESTED USE

Simply mix one sachet of Balance with 8 oz. of water and drink it 10-15 minutes prior to your meal.

Balance should be taken before a meal twice a day.

For the best results, limit your carbs and stick to the 4-4-12 rule. The 4-4-12 rule spaces your meals and allows for fat-burning intervals in between.

AUDIENCE

Because different lives require different balances, Balance comes in two formulas:

[Balance's Bios Life Cholesterol](#)

[Balance's Bios Life Glucose](#)

Primary Target: Individuals who want to take control of and manage their health.

Supplement Facts

Serving Size 1 Packet (7.25 g) Servings Per Container 60

| Amount Per Serving | % Daily Value* | |
|-----------------------------------|----------------|------|
| Calories 15 | | |
| Total Carbohydrate | 5 g | 2% |
| Dietary Fiber | 4 g | 16% |
| Soluble Fiber | 4 g | † |
| Other Carbohydrates | 1 g | † |
| Vitamin A (100% as Beta-Carotene) | 750 IU | 15% |
| Vitamin C | 45 mg | 75% |
| Thiamin | 2 mg | 134% |
| Niacin | 26 mg | 130% |
| Folic Acid | 220 µg | 55% |
| Biotin | 20 µg | 7% |
| Zinc | 2.33 mg | 16% |
| Vitamin E | 20 IU | 67% |
| Riboflavin | 2 mg | 118% |
| Vitamin B-6 | 7 mg | 350% |
| Vitamin B-12 | 25 µg | 417% |
| Calcium | 60 mg | 6% |
| Chromium | 100 µg | 84% |

Biosphere Fiber® 3822.1 mg †
Guar Gum, Gum Arabic, Locust Bean Gum, Maltodextrin, Citrus Pectin, Oat Fiber, Beta Glucan

Unicity 7x™ 1700.0 mg †
Proprietary Blend of Plant Derived Polysaccharides, Natural & Artificial Flavors, Citric Acid, Calcium Carbonate

Bios Cardio Matrix™ 1018.5 mg †
Phytosterols, Chrysanthemum Morifolium (Flower Bud), Policosanol (Sugar Cane Extract)

Bios Vitamin Complex™ 350.0 mg †
Calcium Carbonate, Vitamin C (Ascorbic Acid), Chromium, Vitamin A (Beta-Carotene), Vitamin E (d-alpha Tocopheryl Acetate), Niacin (Niacinamide), Zinc (Zinc Gluconate), Vitamin B6 (Pyridoxine HCl), Vitamin B12 (Cyanocobalamin), Folic Acid, Vitamin B1 (Thiamin HCl), Biotin, Vitamin B2 (Riboflavin)

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.
†Percent Daily Value is not established.

OTHER INGREDIENTS

Orange Juice Powder, Citric Acid, Sucralose.